# Framework for Developing Regional Capacity for Health Research

Philippine Council for Health Research and Development



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## FRAMEWORK FOR DEVELOPING REGIONAL CAPACITY FOR HEALTH RESEARCH

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## TABLE OF CONTENTS

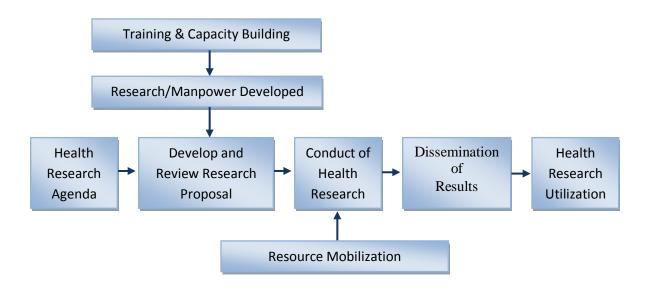
Framework for Developing Regional Capacity for Health Research	1
Preparation and Utilization Health Research Agenda:	
Development of Research Manpower and Facilities:	
Resource Mobilization:	
Development and Review of Research Proposals:	
Conduct of Research Studies:	4
Research Dissemination	4
Research Utilization	4
Leadership and Management	4
Rapid Appraisal Methodology	5
Guide Questions for Review of Documents	5
Guide Questions for Health Researchers	8
Guide Questions for Council Members	13

#### Framework for Developing Regional Capacity for Health Research

Under the PNHRS, the regions play an important role in undertaking health research activities to respond to the country's health needs and problems. Over the years, regional research activities were undertaken under the management and leadership of the Regional Health Research Development Councils (RHRDC). A recent evaluation of the RHRDC showed a wide variation in the performance of the 16 RHRDCs all over the country. The evaluation also recommended a number of strategies and approaches in order to improve the performance of regional capability to carry out and manage health research activities.

In line with this recommendation and in recognition of the strategic importance of the regions in supporting the PNHRS, the following framework is proposed to guide the PNHRS in strengthening regional capability to perform health research activities.

The framework consists of the different critical components of a research development program and a set of questions that identify key issues and problems as well as opportunities for strengthening the program.



Framework for Building Regional Health Research Capability

#### I. Preparation and Utilization Health Research Agenda:

The health research agenda is a list of priority research areas in the region.

Some suggested principles and standards in the de3velopment of the regional research agenda:

- The research agenda should be based on local/national health problems
- There should be local evidence to support the research agenda
- The process of identifying the research priorities should be highly consultative and participative

#### A. Content

- 1. In 1998, was there a well-defined health research agenda for the region?
- 2. If yes, what was the basis for the identified research priorities? Is there evidence to support the priority research areas? Does the agenda respond to the health problems from a local as well as national perspective?
- 3. If no, what constrained the region from having one? What were the key problems and issues that prevented the region from developing an evidence-based regional agenda for health research?

#### **B.** Process

- 1. How was the research agenda developed? Who were involved in its development?
- 2. What were the problems and issues encountered in the formulation of the research agenda? What could have been done to make the process more effective?

#### II. Development of Research Manpower and Facilities:

Refers to the availability of skilled manpower to conduct health research in the region.

Some suggested principles/standards:

- Number should be adequate to carry out the planned research activities
- There should be expertise in research methods and in the technical areas based on the priority list

- 1. Is there adequate research manpower (experts in research design and methodology and experts in specific content areas as defined by the health research agenda) in the region to carry out the region's health research plan?
- 2. If no, what is being done to address the lack of manpower? Is there a training program in place? Does the region possess the capacity to develop the skills of local researchers? What constraints are being encountered in the area of training and capacity-building?
- 3. Are there opportunities (institutions or individuals) that can be tapped to strengthen existing health research manpower?
- 4. What kind of support does the region expect from the national level to help develop the skills of local researchers?

#### III. Resource Mobilization:

Refers to the capacity of the region to mobilize funds and other resources for health research.

- 1. Are there enough funds to carry out the planned research activities?
- 2. If no, what are the constraints in mobilizing resources for research?
- 3. Are there potential funding sources within the region that can be tapped for health research?
- 4. What kind of support the region will need from the national level to develop regional capability to mobilize resources for health research?

#### IV. Development and Review of Research Proposals:

Refers to the capacity of the region to appraise submitted research proposals for content, design, and methodology

- 1. In 2008, what is the quality of research proposals submitted in terms of content, design, and methodology?
- 2. Are the specific content areas as defined by the health research agenda?
- 3. If no, what were the reasons why?

#### V. Conduct of Research Studies:

Refers to the research output of the region both in terms of quantity and quality.

- 1. In 2008, were the planned research studies conducted?
- 2. If no, what were the reasons why?
- 3. Were the researches that were conducted of good quality?
- 4. If no, why? What can be done to improve the quality of health research in the region? What kind of support the region will need from national levels to make this happen?

#### VI. Research Dissemination

- 1. Were the researches that were conducted in 2008 disseminated? How?
- 2. If no proper dissemination was done, what were the constraints? Were the completed researches published?
- 3. Are there opportunities that can improve research dissemination in the future?

#### VII. Research Utilization

- 1. Were the research results utilized? How
- 2. If no, why? What were the constraints? What can be done to help improve the utilization of the research results?

#### VIII. Leadership and Management

- 1. Is the current composition of the governing council in the region adequate?
- 2. If no, what are the reasons why?
- 3. Is there a strategic plan in place for health research and development in the region? If none, why? What kind of assistance will the region need to make this happen?

## Rapid Appraisal Methodology

### **Guide Questions for Review of Documents**

I.	Guidelines for Research	Agenda			
	1.1. Is the research agenda evide	enced based?			
	Yes No				
	Remarks:				
	1.2. Does the research agenda co	ver the follow	ving?		
	1.2.1. Epidemiological	Yes	☐ No		
	1.2.2. Sociological	Yes	☐ No		
	1.2.3. Economic	Yes	☐ No		
	1.2.4. Policy	Yes Yes	☐ No		
	Remarks:				

1.3. Does the agenda contain the rec	commendations and steps to ensure its utilization?
Remarks:	
2. Plan	
2.1 What kind of plan do they have	59
	perational Plan
Remarks:	
2.2 Does plan clearly contains the	following?
2.2.1 Objectives and Goals	Yes No
2.2.2 Indicators	Yes No
2.2.3 Strategies	Yes No
2.2.4 Activities	Yes No
2.2.5 Budget	☐ Yes ☐ No
Remarks:	

	2.3 Are the activities conducted as scheduled?
	Remarks:
	2.4 What is the percentage of fund utilization?  Remarks:
3.	Organizational Structure  3.1 Does the organizational structure reflect the need for day-today management and
	oversight?  Yes No  Remarks:

### **Guide Questions for Health Researchers**

1. Formulation of Health Research Agenda

1.1. Are you aware of the existence of a reg	gional and national health research agenda?
1.2. Have you seen or do you have a copy o	of these documents?
Remarks:	
1.3. Were you able to participate in the disc RUHRA?	cussions leading to the formulation of the NUHRA
☐ Yes ☐ No	
1.4. Were you able to participate in a forum discussed?	n where the Regional Health Research Agenda was
☐ Yes ☐ No	
1.5. Are you aware whether or not the Regi following?	ional Health Research Agenda was used in the
1.5.1. Capacity building plan	☐ Yes ☐ No
1.5.2. Resource mobilization plan	☐ Yes ☐ No
1.5.3.Advocacy tool	☐ Yes ☐ No

## 2. Adequacy of Health Researchers, Research Facilities and Existence of Capacity Building Plan

2.1 Are there enough skilled researchers in the region to undertake health research based on the identified health research priorities?
☐ Yes ☐ No
2.1.1 If No, why?
2.2 Are there health research facilities in the region where research are conducted based on the identified health research priorities?
☐ Yes ☐ No
2.2.1 If No, why?
2.3 What needs to be done to strengthen health research manpower in terms of number and skills?

	2.4 Is there a long term capacity building program to continue to train health researchers in the region?
	☐ Yes ☐ No
3.	Adequacy of Funding and Logistical Support for Health Research
	3.1 Where do you get funding support for your research activities?
	3.2 Are these funds sufficient given what you need?  \( \sum \text{Yes} \) No
	Remarks:
	Remarks:

	3.3 Have y  Ye.  3.3.1	ou received funding support from the RHRDC through the RRF?  s
	3.4 Under ladequa	
	3.4.1	Yes No If not, do you have any recommendations to make this funding mechanism more effective?
4.	Prepara Research	tion of Research Proposals and Conduct of Health hes
	4.1 How m	any research proposals have been prepared?
	4.2 How m	any health researches have you completed in the past two years (2007 and 2008)?
	Remark	KS:

Э.	Health Research Dissemination and Cultzation
	5.1 Is there an existing system to disseminate the results of the research study?  \[ \sum \text{Yes} \sum \text{No} \]
	5.1.1 If yes, how do you disseminate the results of the study?
	5.2 What are the usual problems in the dissemination of your research findings?
	5.3 Did any of your researches contribute to the formulation of policies or helped health managers or health workers make informed decisions?
	Yes Do not know
	5.3.1 Please elaborate.

## **Guide Questions for Council Members**

1. Health Research Agenda:	
1.1. Is there a well-defined health research agenda for the region?	
1.2. How was the research agenda developed?	
1.2. Was the research area do utilized?	
1.3. Was the research agenda utilized?  Yes No	
1.3.1.How was it utilized?	
2. Manpower, Facilities and Capacity Building Plan	
2.1Do you have an inventory of health research manpower and research facilities based on your identified research needs?	
☐ Yes ☐ No ☐ Don't Know	
2.2Is there adequate research human resource in the region to carry out the region's health research plan?	
☐ Yes ☐ No ☐ Don't Know	

	2.2.1 In research design and methodology?
	2.2.2 In specific content areas as defined by the health research agenda?
	☐ Yes ☐ No ☐ Don't Know
	2.2.3 If no, what was the region's response to the lack of human resource?
2.3	Oo you have a plan to develop your health research manpower based on the needs of the region?
	Yes No Don't Know
	Remarks:
2.4	Based on your requirement, does the region possess the capacity to develop skills of locaresearchers?
	☐ Yes ☐ No ☐ Don't Know
	2.4.1 If yes, please cite the training programs [consider also offerings at member institutions]
	Formal:

☐ Informal:
Scholarship Grants:
Study Tour:
2.5 Are there mentors who can be tapped for capacity building in research?
☐ Yes ☐ No ☐ Don't Know
2.5.1 If YES, please specify in what areas:

	2.6 What kind of support does the region expect from national, regional and international levels to help develop the skills of local researchers?
3.	Resource Mobilization: Refers to the capacity of the region to mobilize funds and other resources for health research
	3.1 Do you know how much is your funding requirement for your priority research needs?  Yes No
	3.2 Are there enough funds to carry out the planned research activities?
	3.3 Has an annual work plan and budget been proposed?
	☐ Yes, when was it prepared? ☐ No
	3.4 What kind of support does the region expect from the national, regional, and international levels to develop regional capability to mobilize resources for health research?
_	
4.	Development, Approval and Conduct of Research Studies:
	4.1 In 2008, how many proposals were produced by the consortium?

4.2 In 2008, how many proposals were reviewed in terms of ethics, methodology, content and utilization?							
4.3 In 2008, how many research studies were funded?							
4.4 In 2008, how many research studies were completed?							
4.5 Were the proposals parts of the NUHRA/RUHRA?							
☐ Yes ☐ No ☐ Don't Know							
4.6 If the researches were not implemented or not part of NUHRA/RUHRA, what were the reasons?							
5. Research Dissemination and Utilization							
5.1. Does the consortium have an established system for dissemination of research results?							
☐ Yes ☐ No ☐ Don't Know							
5.2. Were the researches that were conducted/completed in 2008 disseminated?							
Yes Don't Know Not applicable							
5.3. Were the research results disseminated to the relevant stakeholders?							
Yes Don't Know Not applicable							

5.4. How were the results disseminated?
Published in peer-reviewed journals:
Policy Briefs:
☐ Public Presentations:
☐ Web-based media:
5.5. Do member institutions integrate in their research forums dissemination of the results of researches in the region?
☐ Yes ☐ No ☐ Don't Know
5.6. What were the facilitating factors to research dissemination?

5.7. What were					
5.8. Is there an e	existing databa	se of research stu	dies conducted	in the region?	
☐ Yes		☐ Don't Know			
☐ 1cs	None				
Remarks:					
eadership aı	nd Manage	ment			
			of the covernin	a agunail.	
eadership an		ment ational structure	of the governing	g council:	
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6.2. Who is responsible for the daily operations of the consortium?						
6.3. Which of the following subcommittees are functional? Check appropriate boxes.						
R&D	☐ Functional	☐ NOT Functional				
ETHICS	☐ Functional	☐ NOT Functional				
HRD	☐ Functional	☐ NOT Functional				
RICUP	☐ Functional	☐ NOT Functional				
	☐ Functional	☐ NOT Functional				
	☐ Functional	☐ NOT Functional				
	☐ Functional	☐ NOT Functional				

6.5. Is there an existing Manual of Operations?	Yes Don't Know
Remarks:	
6.6. Do you have a five-year strategic plan?	(Get a copy of the document)
☐ Yes ☐ No ☐ Don't Know	
Remarks:	
6.7. Do you have an operational plan for 2009?	(Get a copy of the document)
	(Get a copy of the document)
Yes No Don't Know	
Remarks:	